



2024 Plastic Free July

Plastic Free July gives people the opportunity to see that they really do not need the many processed packages that we bring into our home; that we can make the same foods from scratch easily and they are far more nourishing and delicious. Our movement has inspired 100+ million participants in 190 countries. Each one making a small change will collectively make a massive difference to our communities. You can “choose to refuse” single-use plastics in July (and beyond!). Best of all, being part of Plastic Free July will help you to find great alternatives that can become new habits forever.

Plastic Free July is a global movement that helps millions of people be part of the solution to plastic pollution –so we can have cleaner streets, oceans, and beautiful communities. Will you be part of Plastic Free July and become more educated?

<https://www.plasticfreejuly.org>

Please join the effort to help the environment.

1. “Choose to refuse” single-use plastics during July. Focus on eliminating the packaging that could end up in the ocean.
2. Go completely plastic free. Discover how easy or difficult this is to do.
3. Choose the length of your effort - 1 day, 1 week, 1 month, always!
4. Make an effort to inform and influence a local restaurant (takeout), your residence or your community. With summer upon us, consider bringing your own service ware to summer picnics.