

Lord, we kneel in adoration, present at the manger when you came into our world. We gaze upon the infant child whose presence bore new light for humanity.

Jesus, Mary and Joseph, the Holy Family, you journeyed forth into the unknown with full trust in God's providence, help us bear that courage as we make our journey this Advent.

R. Christ, Reign in Our Hearts

Root of Jesse, in a world challenged by consumerism and pride, help us to reclaim the abundance of life itself and the gift of serving You.

R. Christ, Reign in Our Hearts

Key of David, the cries of the poor and marginalized echo worldwide, move us from complacency to a renewed sense of urgency to work for peace.

R. Christ Reign in Our Hearts

Radiant Dawn, the peace You give is confidence in the redemption and the working hand of God in unsurmountable situations.

R. Christ Reign in Our Hearts

Emmanuel, you who became Incarnate, help us to see you in those we often look past: the elderly, the mentally ill, those who do not share my beliefs and many others.

R. Christ Reign in Our Hearts

Mother Theresa & Mother Caroline, as we continue the SSND mission, strengthen our conviction and resolve to foster oneness and unity in this world.

R. Christ Reign in Our Hearts

Lord, we humbly prepare our hearts for You in hopeful anticipation of your coming. We wait in silence for Your shining light, which will lead us into a New Advent.

We ask this through Christ our Lord. Amen.

Reflection Question:

How are you preparing your heart this Advent?

