I thank God for my wonderful family and the grace of my vocation.

I have always enjoyed teaching primary and intermediate grade students. The children kept you young at heart. I always tried to be involved in all the projects and activities of the school. My twenty-two years as principal were always supported by a loyal and faithful faculty.

Life in my various communities was good. I lived with many kind and prayerful sisters.

Catherine Elizabeth Sokel was born on July 31, 1928 in Baltimore, one of three children born to Maryland natives, Catherine Livingstone and Edwin Sokel, Senior. Sister Betty entered the congregation from the Institute of Notre Dame in 1947 and professed first vows in 1950. Sister Betty’s first assignment was to serve as an elementary teacher at St. Anselm in New York in 1949. Over the next 58 years, aside from eight years teaching at St. Joseph at Lake Ronkonkoma, New York, Sister Betty ministered as a teacher and administrator in Catholic schools across Maryland. Later, she ministered in community service at Villa Assumpta and volunteer ministry at St. Thomas Aquinas in Baltimore. She now ministers in prayer and presence at Villa Assumpta.