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Ways to Help Our Immigrant Neighbors during the CORONAVIRUS PANDEMIC

1. Contact immigrants you know and check on their needs.*
2. Share [Spanish resources](#) from the CDC website.
3. Order local take-out, purchase restaurant gift cards, or buy fast food. Help to keep immigrant workers employed.
4. Make yourself available to immigrant neighbors for homework help or tutoring—over the phone or by Zoom.
5. If you hire an immigrant to clean your home or do yard work for you, continue to pay them even if you are not using their services temporarily due to social distancing.
 - Or Donate to the National Domestic Workers Alliance’s [Coronavirus Care Fund](#) today!
6. Start a virtual food drive: Go to [your local food bank](#) and fill a virtual box. When you are done, share the link with friends.
7. Join or start a [Neighborhood Quarantine Response Team](#) to offer your services, such as buying groceries for neighbors in need.
8. [Advocate for safe conditions and healthcare](#) for migrants and asylum-seekers in detention centers to protect them during this pandemic. Or better yet, urge Congress to adopt alternatives to detention and avoid this public health risk altogether.
9. Donate blood at a [Red Cross](#) near you
10. Share this list on social media or via email.

*Remember: Never offer legal advice or advice on dealing with government agencies. You may unintentionally put your friend at risk. If an undocumented immigrant asks you a questions about receiving unemployment, refer them to their lawyer or immigration support like Catholic Charities.