

Week 2

AMSSND JPIC Department



Purchase only local and/or organic produce (in addition to continuing the fast from week 1).

“It is imperative to promote an economy which favours productive diversity and business creativity. For example, there is a great variety of small-scale food production systems which feed the greater part of the world’s peoples, using a modest amount of land and producing less waste, be it in small agricultural parcels, in orchards and gardens, hunting and wild harvesting or local fishing. Economies of scale, especially in the agricultural sector, end up forcing smallholders to sell their land or to abandon their traditional crops (LS 129). ... [In many places] productive land is concentrated in the hands of a few owners due to ‘the progressive disappearance of small producers, who, as a consequence of the loss of the exploited lands, are obliged to withdraw from direct production.’ The most vulnerable of these become temporary labourers, and many rural workers end up moving to poverty-stricken urban areas. The expansion of these crops has the effect of destroying the complex network of ecosystems, diminishing the diversity of production and affecting regional economies, now and in the future.” (LS 134)

A prayer intention for each day:

1. For a personal change of heart toward embracing an integral ecology.
2. For gratitude and wonder toward earth’s bounty.
3. For the migrant workers subjected to brutal conditions as they harvest our produce.
4. For the migrant workers subjected to human trafficking, lured by the promise of a job.
5. For children forced to work rather than attend school.
6. For indigenous peoples, that what is left of their lands will remain a source of vitality and identity – no longer an object to be taken.
7. For farmers, that their land will receive rain in the proper amounts.



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