

Week

5

AMSSND JPIC Department



Attend a church service or other public event held in a language that is foreign to you (in addition to continuing the fasts from weeks 1-4). Appreciate the vitality diverse cultures bring to your community.

“We are always capable of going out of ourselves towards the other. Unless we do this, other creatures will not be recognized for their true worth; we are unconcerned about caring for things for the sake of others; we fail to set limits on ourselves in order to avoid the suffering of others or the deterioration of our surroundings. Disinterested concern for others, and the rejection of every form of self-centeredness and self-absorption, are essential if we truly wish to care for our brothers and sisters and for the natural environment. These attitudes also attune us to the moral imperative of assessing the impact of our every action and personal decision on the world around us. If we can overcome individualism, we will truly be able to develop a different lifestyle and bring about significant changes in society.” (LS 208)

A prayer intention for each day:

1. For a personal change of heart toward embracing an integral ecology.
2. For an increased appreciation of cultural diversity.
3. For migrants trying to make a new home in a foreign place, that they will find stability and peace.
4. For host communities, that they will welcome the newcomers.
5. For those who migrate through hostile terrain, that they will receive everything they need for survival, especially clean drinking water.
6. For those who risk potential danger so that they can escape even greater actual danger, that they will be kept safe on their journey from those who would exploit and harm them.
7. For those who seek refuge from inhospitable nations, that they will encounter justice.



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