

Ecological Examen

All creation reflects the beauty and blessing of God's image. Where was I most aware of this today?

Can I identify and pinpoint how I made a conscious effort to care for God's creation during this day?

What challenges or joys do I experience as I recall my care for creation?

How can I repair breaks in my relationship with creation, in my unspoken sense of superiority?

As I imagine tomorrow, I ask for the grace to see the Incarnate Christ in the dynamic interconnections of all Creation.

Conclude with the prayer of Jesus:

The glory that you have given me I have given them, so that they may be one, as we are one, I in them and you in me, that they may become completely one, so that the world may know that you have sent me and have loved them even as you have loved me.

